

Prevention Information from CSAP's Western Center for the Application of Prevention Technologies

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March 1, 2002

Latest Model Programs Released by CSAP Part 2

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The Center for Substance Abuse Prevention (CSAP) recently released seventeen new model programs. This issue of the Tip of the CAPT continues with brief summaries of the programs that have become Model Programs since our last Tip of the CAPT on Model Programs in November, 2000.. Each was reviewed by the National Registry of Effective Preventive Programs (NREPP).

For more information on any of the following programs, please visit:

 $\frac{www.samhsa.gov/centers/csap/modelprograms/}{programs.cfm}$

To learn more about evaluation criteria for the programs, or to nominate a program for review, please visit: www.preventionregistry.org.

Model Programs

<u>Positive Action</u> is an integrated, comprehensive, coherent program for schools, families, and communities. It is comprised of five building blocks: a philosophy, a set of unit concepts, a classroom curriculum, a school-climate program, and a parent and community program. One of the program's goals is for more effective schools through parent and community involvement in education.

<u>Preparing for the Drug-Free Years (PDFY)</u> is designed to help parents of children in grades four through eight reduce known risks that contribute to drug use and other problem behavior by strengthening important protective factors in the family.

Preventing High-Risk Drinking and Alcohol Trauma: A Community Trial is a five-component, community-level intervention program relating to issues of underage drinking, alcohol-impaired driving and availability of alcohol.

<u>Project ACHIEVE</u> is an innovative school reform program targeting academically and socially at-risk and underachieving students in pre-K through middle school settings. Students learn social skills, problem-solving methods, and anger-reduction techniques.

<u>Project SUCCESS</u> is a selective and indicated program designed to assist students with learning problems to develop the necessary language skills to read, write, and spell effectively and efficiently.

Project Toward No Drug Abuse (TND) aims at providing students with information about the social and health consequences of drug use, instruction in active listening, effective communication skills, stress management, tobacco cessation techniques and self-control to counteract risk factors for drug abuse relevant to older teens.

Skills, Opportunities, and Recognition (SOAR) is a scientifically-tested comprehensive, school-based program designed to promote positive youth development and academic success.

STARS (Start Taking Alcohol Risks Seriously) for Families is a health promotion program designed for middle school youth that includes mediarelated, interpersonal, and environmental prevention strategies.

The six regional CAPTs are funded by the Center for Substance Abuse Prevention in the Substance Abuse and Mental Health Services Administration. For more information on this Tip of the CAPT or other Western CAPT services, please visit our web site: www.westcapt.org or our best practices website: www.open.org/westcapt.

Our toll-free office number is: (888) 734-7476